



Supported Independent Living (SIL) Sydney

Live independently, with the right support.

What we offer:

Better Now Disability Services provides **NDIS Supported Independent Living in Sydney**, helping participants feel safe, confident, and in control at home.

WHAT IS SIL?

What is Supported Independent Living?

SIL is NDIS-funded support that assists with everyday tasks so you can live as independently as possible – usually in shared homes, sometimes individually.

SIL can include:

- ✓ **Showering, dressing, grooming**
- ✓ **Cooking, meals, cleaning, laundry**
- ✓ **Medication prompts**
- ✓ **Overnight or active supervision (if approved)**
- ✓ **Support to get out into the community**

Goal: *Live life your way, with support that fits your needs.*



WHY BETTER NOW

Why choose Better Now for SIL in Sydney?

- ▶ Experienced, NDIS-aligned team
- ▶ Support built around your goals
- ▶ Reliable routines and consistent care
- ▶ Safe, welcoming home environments
- ▶ Multilingual staff available
- ▶ Trusted by families and coordinators

Your independence stays the priority.



YOUR PLAN + BENEFITS

How we build your SIL care plan:

- 1 *Meet with you + your support network*
- 2 *Understand daily needs and future goals*
- 3 *Create a tailored roster and support plan*
- 4 *Review regularly as needs change*

Benefits of SIL:

- ✓ **More freedom and choice**
- ✓ **Support when needed**
- ✓ **Greater confidence in daily life**
- ✓ **Stronger skills over time**
- ✓ **Real community connection**

Our values:

Understanding. Respect. Professionalism.



CONTACT + SIL LOCATIONS

Get Started With STA Respite Care in Sydney



0433 916 727



info@betternowdisabilityservices.com.au



193 Lakemba Street, Lakemba NSW 2195



Mon–Fri: 8am–5pm

Quick steps:

- 1 Speak with your Support Coordinator/Planner
- 2 Confirm SIL funding in your plan
- 3 Call Better Now to match support + housing
- 4 Move in once approved

SIL locations across Sydney:

Supported living options and services available across:

- ▶ Lakemba / Canterbury–Bankstown
- ▶ South–West Sydney (Campbelltown–Liverpool corridor)
- ▶ Western Sydney / Nepean area
- ▶ Parramatta / Inner–West access areas
- ▶ Other Sydney suburbs based on suitability and vacancy

Call today to check availability.